



Essence Lifestyle Changes
Wishes you a Very Merry Xmas

OPENING HOURS FOR XMAS

Mon 24th 6.00am – 12.00 noon
Tues 25th Closed
Wed 26th Closed
Thur 27th 6.00am -12.00 noon
Fri 28th 6.00am – 12.00 noon
Sat 29th 8.00am – 1.00pm
Sun 30th 8.00am – 12.00 noon
Mon 31st 6.00am –12.00 noon
Tuesday 1st Jan Closed



No Classes



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