



# Member **OF THE** Month

**CLIENT** **Marcus Bailey**

**COACH** **Fran**

## SPECIFIC GOALS ACHIEVED

**LOST 6.1KG IN 4 WEEKS. GONE FROM WALKING TO JOGGING. DOWN 6.2% BODY FAT**

## QUALIFYING DETAILS

*The change in Marcus is easy to see. He has lost 6.1kg and is toning up well. He has more energy in our sessions than ever and has been able to achieve more each time.*

