



Here's how to keep your **GAME OF TENNIS** getting **BETTER**

- Add precision and power to your shots
- Develop more consistency to your game
 - Improve your overall level of fitness
 - Reduce your likelihood of injury

*For more
information and an
obligation free
demonstration ...*

REGISTER NOW!!!

*And go into a draw to win a
FREE MEMBERSHIP at
Essence Lifestyle Changes
VALUED AT \$320!*

This exciting and cutting edge new tennis program, developed by **Essence Lifestyle Changes** enables you to improve your game of tennis and more importantly to improve your overall levels of fitness, strength and agility. Enabling you to continue playing injury free tennis for years to come.

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